

SOUS

REHEAT & FEEDBACK
WEEKLY MEAL PREP



Made *for you* this week.

How to bring each dish back to life — and a place to tell your chef what worked and what could be better. Park me on the fridge.

CHEF _____

PREPARED _____

1	DISH _____ EAT BY _____
	REHEAT

2	DISH _____ EAT BY _____
	REHEAT

3	DISH _____ EAT BY _____
	REHEAT

4	DISH _____ EAT BY _____
	REHEAT

5	DISH _____ EAT BY _____
	REHEAT

With care, from your chef — _____